

Bone & soft tissue tumour referrals

Dr. Vishnu Baburaj | Consultant Orthopaedic Surgeon | TCMC 62445
Aster MIMS Hospital, Chala, Kannur

Discuss suspected sarcoma before biopsy or excision.

Plan imaging and biopsy with later treatment in mind. The biopsy target and route must account for possible resection. Seek specialist advice before routine excision of an uncertain mass.

When to refer

- Unexplained enlarging soft tissue mass, or uncertain ultrasound with persistent concern.
- Findings suspicious for a bone tumour.
- Confirmed tumour, suspected recurrence or unexpected sarcoma after excision.
- Metastatic bone disease with pain or fracture concern.

Clinical details and imaging

- Age, site, symptom duration, growth, examination and cancer history.
- Original images, preferably complete DICOM studies, with dated reports.
- Biopsy/excision reports, including immunohistochemistry or molecular results.
- Operation notes, previous cancer-treatment summaries, medicines and comorbidities.
- Referrer contact details, the clinical question and any urgent concern.

Do not wait for every record. State what is available and what is pending.

Previous procedures: include date, site, incision, biopsy route and drain details. Identify the laboratory holding slides/blocks; agree transfer arrangements before dispatch.

Urgent concerns

- **Suspected primary bone tumour with pathological fracture:** immobilise, control pain and seek urgent specialist discussion before unplanned internal fixation.
- **Possible spinal cord compression:** in an adult with current or past cancer, new weakness, walking difficulty, sensory loss or bladder/bowel dysfunction requires **immediate emergency assessment**.
- **Possible fracture:** sudden severe focal bone pain or inability to use a limb, especially with a known bone lesion, warrants urgent assessment.

Discuss a referral

WhatsApp: +91 80008 85008

Email: contact@drvishnubaburaj.com

Hospital: 0497 353 8000 | Emergency: 9656 111 666

Enquiries are not appointment confirmations. Confirm the receiving clinician and visit arrangements. Messages are not for emergencies; use the nearest emergency department.



Full pathway & sources

Share only information needed for the enquiry. Scans/reports sent via WhatsApp or email are not stored on the website. Privacy information.